

SEPTEMBER 2016

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THE RESIDENTS OF DOWNTOWN BEAUFORT

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# Hello Beaufort!

## publisher's note

*I am delighted to bring you our one year anniversary issue of Beaufort-by-the-Sea! It seems like the last year has flown by, but in a very good way. As I think back on all the amazing people I have met, the stories I have heard, the pictures I have taken, and the events we have put on, I find it hard to believe that we have done all that in just a year!*

I feel like *Beaufort-by-the-Sea* has improved vastly over the past year. I went back and looked at our first issue a few days ago, and while it was good, when you compare it to the quality of content and photos that we have in there today, it seems like a difference that could be measured in light years! I will continue to work to improve your magazine and keep it growing!

When people ask me about what I do for the magazine, I often joke that it sure beats working for a living. While that is somewhat of a pejorative connotation, I don't want to marginalize the amount of work and care that goes into the production of this publication. It is truly a labor of love, not only for me, but for all the folks that work to put it together. I have been blessed to work with folks who are smarter than I am, and who have a better grasp of their specific areas of expertise than I could possibly imagine. I would like to take time to give praise to key players in putting this all together.

First off, I have to thank the team at N2 Publishing in Wilmington, North Carolina who works to put this together each month. Our creative designer is Jeni Moser, and she takes all the articles, photos, and ads I send her each month and puts them together into the beautiful magazines you receive. Dn Cherry is our lead ad designer, and she puts together all the ads you see in our publication. N2 also has a fantastic back office team that handles all of our billing, accounting, and support. We of course can't leave out our amazing printing and shipping team who gets the magazine to you each month. In future issues I plan on showing you all the steps the magazine goes through to get to you!



Second, I have to praise all the folks who submit articles and photos, and allow us to interview and photograph them for the magazine. As I look through the past issues I am delighted by the vast number of residents that have been featured in our magazine. I have loved getting to know you and I appreciate you sharing your life with us and with our community. It is funny, in the first couple of months, one of the most challenging parts of putting this magazine together was going out and finding people to feature. Now, more and more residents are coming to me asking me to feature their pet, their children, their home, and their recipes. It is very uplifting to see you wanting to be a part of this community magazine!

Third, I want to thank our sponsors of this magazine. This magazine is able to come to you free of charge since our sponsors choose to advertise with us. They of course do this in hopes that you will patronize their businesses. They and I know that you have a choice in where you spend your money. We interview the businesses to make sure that they are a great fit before we allow them the opportunity to advertise here. The benchmark for me is generally "Would I allow them into my own home?" There have been a number of businesses that we have turned away because it wasn't the right fit for our neighborhood. I feel confident in saying that in our magazine we have the best of the best of any given industry, and I encourage you to use them when you need their products and services. If you do use any of our sponsors, please let us know, so we can keep them happy and sponsoring us!

Fourth, I want to thank all the locations that have allowed us to hold events on their premise and all the support they have given us. Our events have become incredibly popular, with over a hundred attendees at a number of our recent events, and our upcoming happenings sure seem to be heading that way as well. Our past events have included events at the Boathouse at Front Street Village, Old Salt Restaurant, Beaufort Furniture Company, Beaufort Linen Company, Karma Rodholm's beautiful home, Cru Wine and Coffee Bar, the Carteret Community Theater, Beaufort Realty's condo above Queen Anne's Revenge, Beaufort Home Store, Beaufort Yacht Basin, and Queen Anne's Revenge. We have all sorts of great events coming up, and we hope to see you there!

Fifth, I want to thank my family for all the love and support in me doing this. My fantastic wife, Amanda, and my two children, Isaac and Gabe, have been behind me doing this 100 percent, and without their support this would not be possible.

Sixth, I want to thank the town of Beaufort for being so supportive in me doing this. They have allowed me the opportunity to interview the mayor, the police chief, the fire chief, and basically allowed me to wander around and take pictures of our fair city.

Finally, I want to thank all of the folks who have assisted me this year in putting this together. Thank you to everyone who has contributed; thank you to Dylan Ray and Suzann Gille for your photography expertise; thank you to Hillary Gould for your assistance in editing these last few months, and for the countless others that I have not mentioned here. Thank you to John Duncan from Beaufort Realty who has allowed me to operate *Beaufort-by-the-Sea* out of the Beaufort Realty office. Thank you to the US Postal Service and postal carriers for delivering this on time every month.

This has been an exciting year and I look forward to many more years of putting your Beaufort magazine together. Thank you and I look forward to speaking with you soon!

Have a great one Beaufort!

Thank you!

**Greg Moss**  
Publisher

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kid 2 kid

By Resident Writer **Hillary Gould**



MEET **louis & charles foy!**

About seven years ago, Trey and Emilie Foy, along with her parents, Bill and Victoria Sullivan, purchased a home on Front Street. At that time, Emilie was pregnant with her first child, Louis. He will be seven in September. A few years after Louis was born, a little brother came along. Charles will be four in May. I had a great time meeting these guys and getting to know them. Louis was returning from a fun day at Camp Albemarle on the day that I got to sit down and talk with him and his brother. He was excited about his day at camp because he had gone on a sailboat and turned it around all by himself. His brother, Charles, has been missing him during camp, so he was happy to have his big brother home that evening. Charles looks up to Louis and likes "whatever his big brother likes."

Louis was delighted to share with me his thoughts about some toys that he had recently seen during a trip to the Beaufort General Store. He wanted a submarine and some pirate toys. As soon as he mentioned something about pirates, Charles was ready to talk. He said that when he grew up, he wanted to be a "pirate with a sword." Louis told me that he wanted to be a policeman when he grew up. He plays cops with his Nana. She is the bank robber, and he catches and arrests her.

Besides visiting the General Store, the boys enjoy going to the beach. They enjoy playing in the tidal pools and playing "tag"

with their dog, Georgie (you can read about Georgie in this month's Precious Pets section). Louis and Charles participate in many sports including baseball, soccer, golf, football, tennis, and basketball. Louis has participated in all of those sports, and Charles is starting with baseball and soccer. Louis' favorite sport is baseball, and Charles likes soccer best. Louis will begin first grade at Arendell Parrott Academy in Kinston this fall. He is excited that Charles will be attending school with him this year to begin pre-Kindergarten.

Louis and Charles love riding their bikes around Beaufort. They also "drive" their Little Tikes police car to the Dock House to get drinks. They eat pizza from No Name at least once a week. However, Louis' favorite food is bow tie pasta which he enjoys cooking by himself. His mom will boil the water, but he finishes it. When I asked Charles about his favorite food, he exclaimed, "SUGAR!" They both enjoy their Nana's homemade waffles that she makes for them every morning, topped with whipped cream and cherries.

As we were discussing favorite foods, Louis mentioned the ice cream with the gold spoon. At the end of our visit, I was able to see what he meant when he had an ice cream treat from Dairy Queen with a gold colored spoon. As he and Charles sat down to eat, Georgie decided to join them to steal some ice cream from Charles' cup.



*save the dates!*



**Wings and Wheels and Keels!**

**Saturday October 8th**

**4:30 – 7:00 pm**

**Michael J Smith field, Beaufort Airport**

This will be a truly spectacular event! Join us the evening of October 8th at the Beaufort Airport for an evening of airplanes, cars, food, and amazing demonstrations! We are now happy to add boats to our list of events!

We will have an amazing selection of airplanes for you to tour and learn about, an opportunity to see some of the behind the scenes sights that the airport holds, and a showcase of what all our airport has to offer. There will also be a selection of very nice cars our sponsors are providing to tour and test drive on the runways! We will also have hang gliding, drone aircraft demonstrations and a whole lot more!

This event will have theme inspired food, and all sorts of amazing give aways. Be sure to go ahead and put this on your calendar... you won't want to miss it!

***As with all of our events there is no charge for these events... come out and enjoy!***



# A LOOK AROUND BEAUFORT

## AT THE AMAZING THINGS GOING ON!

### THE NEW BEAUFORT FIREHOUSE IS COMING!

It has been exciting to see the progression of the new Beaufort Fire Department station over the last few months. Located on Live Oak, this new facility has been coming along grandly. It seems like every day there is a new piece of the puzzle coming together. This new station will be open towards the end of the year, and it will replace the existing station on Cedar Street.

It will offer a larger and much more up to date building than the current fire station, and it will provide much better access for the fire trucks as they both head out to and return from calls. With the current station upon returning they have to back the trucks into the station, often causing traffic flow problems on Cedar Street. The new station will allow them to pull through and be ready to go for the next call!

Keep an eye out in future issues of *Beaufort-by-the-Sea* as we are working with the Fire Department to welcome them to their new home. More details to come soon!



### THE KITCHEN AT BEAUFORT OLIVE OIL COMPANY

On Front Street there is a new store to assist you with all your kitchen and cooking needs. The Kitchen at Beaufort Olive Oil Company is directly across the corridor from Beaufort Olive Oil on the water towards the west end of Front Street.

Clarke Merrell, who owns companies such as Beaufort Olive Oil, Dank Burrito, Twisted Spoon, and Circa 81 restaurant, decided to open The Kitchen at Beaufort Olive Oil Company to compliment the offerings of Beaufort Olive Oil. Clarke is an executive chef, and his love of all things culinary show in each of his businesses.

The Kitchen offers a phenomenal collection of kitchen accessories, knives, prepared foods, and ingredients to take your home kitchen to the next level. They offer high quality goods, and there is something for every culinary skill level and taste.

Clarke's inspiration for The Kitchen came from his experiences in his own kitchen as well as his travels. There were many times that he had traveled far and wide and saw kitchen stores that hit on one aspect or another. Clarke decided to take what he had seen abroad and his own experiences and meld them into the new kitchen store. He knows how much Beaufortians love to cook, and wanted to give them the opportunity to access the tools and ingredients that have not always been available to them.

When you have a moment, step into their beautiful new storefront and check out their amazing selection. Between their amazing selection of kitchen implements, prepared foods, organic ingredients, and fresh cheeses and meats, you will leave with some great items and your mouth watering! For a great snack take home one of their "Adult Lunchables" and stock up on all sorts of wonderful treats! Enjoy!



### BEAUFORT BUSINESSES WELCOME PIRATES!

As we all know Pirates recently visited Beaufort! The local stores here joined into the festivities in a big way! Many stores offered pirate themed merchandise, ranging from t-shirts to flags, swords and toy guns, eye patches, spy glasses, and pirate hats. Others offered discounts for patrons dressed in pirate garb, and many had decorations along the general pirate themes. Here is a look at a couple of stores who got into the pirate spirit!

### BRIDGING THE GAP!

Driving over from Morehead it is hard to miss the view of the new bridge going across Gallants Channel. The clear weather has allowed the bridge builders to progress rapidly and things are coming along!

One part of the construction project is already open and ready to drive along. If you drive down HWY 101 there is a new way to get to Gallants Channel. You no longer drive down West Beaufort Road, you actually pass that and turn left on the south side of the Beaufort Airport. The new road takes you over to Town Creek Marina, the public boat ramp, and the Maritime Museum property. You get a great look at the north side of the new bridge, and I tell you, the new road is *smooth!*

It will be exciting over the next few months keeping an eye on the progress!



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A Trip to the  
Principal's Office with

JOSEPH  
POLETTI



*East Carteret High School and the Mariners will have a new captain at the helm this year. It is our pleasure to welcome Joseph Poletti back to East Carteret High School!*

The reason we say back to East Carteret is that nine years ago he worked here as the assistant principal. While many of the faces have changed, the ones that worked with him then are delighted to have him back. East Carteret has seen a string of wonderful

principals in Ralph Holloway and April Lilly, and Mr. Poletti is looking forward to continuing the great work they have done!

Joseph Poletti began his career in the Washing DC Public School System as an English teacher at Benjamin Banneker Model Academic Preparatory School (that is a mouthful!) More than twenty years ago he and his family moved to Carteret County, and he has worn many hats in his tenure here.

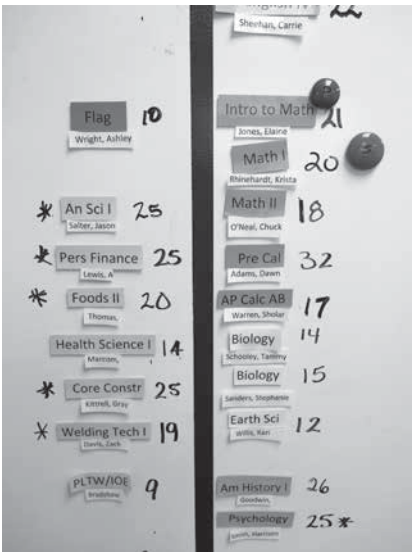
In Carteret County he has held many posts, working in many schools and with many age ranges. He has been the assistant principal at Newport Elementary and in administration at all three high schools in the county. He has worked also in the Carteret County School System Central Offices as the Director of Media and Technology and as the County Athletic Director.

Mr. Poletti has a great love of education, not only in providing it but in receiving it as well! He received his first degree in English Education from Appalachian State University, then continued his studies at Catholic University of America where he earned a Masters in Rhetoric. After returning to NC, he gained a Masters in School Administration and a Certificate of Advanced Study in Library Sciences from East Carolina University.

Principal Poletti's passion for education is apparent in any conversation with him. He is delighted to be back at East Carteret after his tenure as principal at Croatan High School. He has a lot of love for what East Carteret has to offer, and is looking forward to working with the staff to continue to grow the offerings of the school. "There are enough great programs here for kids to be able to participate in anything they want, we have something for everyone."

Mr. Poletti is delighted that East offers a full range of extracurricular activities to compliment the education. "Whether their interest lies in sports, band, drama, clubs, service, speech and debate, or almost anything else, we offer it."

He also understands the importance of preparing the students for their career and the real world. "Education has to be rigorous,



and we have a responsibility to make sure that our students leave here prepared to tackle real world problems. Literacy and critical thinking are necessary skills and we need to ask ourselves how we can best prepare our kids for the future."


Mr. Poletti believes that East Carteret is on a great trajectory. "Mrs. Lilly and Mr. Holloway did a great job, and I want to continue that." In looking at his past successes in Carteret County and beyond, we know that we have some great hands on the wheel.



Mr. Poletti has been married to Lisa for 31 years. They have three children, Julianna, who is working on her Masters in Social Work at St. Louis University, Monica, who is a software engineer in San Francisco, and Mary, who is in her third year of a physical therapy doctoral program at Northeastern University in Boston. While they love having their daughters in wonderful places to visit, he of course wishes they were a little closer to home!

We look forward to seeing Mr. Poletti's work at East Carteret over the next few years. Welcome back to East Mr. Poletti!

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# Beaufort Dining Guide

Last month I had a lot on my plate but it wasn't food. Instead, it was vacation, band camp and sailing. I'm now ready to get back to doing what I enjoy most, eating and reporting on it. If you remember my previous food experiences I wrote about Finn's and Old Salt. Last evening, I visited the Cru Bar/Coffee Shop with my parents so I'll share my experience of both places since they are both in the same building. The Coffee Shop side is where I go quite often to get my favorite hot beverage of Chia Tea along with a huge oatmeal cookie. I really enjoy going to the Coffee Shop because Bonnie, Jamie, Taylor, Sarah and Cheyene all know me and are very friendly and it makes me feel special but not really because they are nice to everyone. If you want an ice cream cone or milkshake instead of a delicious cookie or tea you can get that too along with a yogurt or a variety of sandwiches.

Now for the Cru Bar where you will most likely be served by Pam, Jamie, Tonya or Ashley. They have

a little something for all ages. The lights are turned down low with soft music and a bar for the adults but you can get a delicious meat lover pizza and a sprite or another one of my favorites is the nachos and cheese platter. They have Wi-Fi and air conditioning and with our current heat wave who isn't looking for air conditioning. Of course if you happen to live in the dessert and hate air conditioning you can eat or drink at the tables on the back porch or out front. Regardless of what side you visit the Coffee Shop or Cru Bar I'm sure you will enjoy your experience.

—Garrett Cawman

**Publisher's Note:** On at least four separate occasions I have run into Garrett at Cru this summer. He and I love it for many of the same reasons; it is delicious, convenient, and you can always find something new there! The staff is fantastic...it is rare that I walk in and they don't already know what I am going to order!






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# DATE NIGHT..

## Nancy's Nannies and Changes in Latitudes



*Many of our readers have children and grandchildren, and one of our frequent topics of conversation at our events is what our kids are up to. This summer has seen tons of fun activities for kids in and around Beaufort. There have been camps like the Maritime Museum's sailing camp and Camp Albemarle, there have been numerous Bible Schools put on by the local churches, and there are of course the fantastic activities that life around the water offers. Every once in a while however parents and grandparents need a night out as well.*

That is where Nancy's Nannies comes in. I learned about Nancy's Nannies in a couple of different ways. I had seen their sign a number of times as I drove to Atlantic Beach. A number of our friends had told us of their wonderful experiences with the sitters that Nancy's Nannies provided them. Finally, I decided that I had to give them a call. Nancy's Nannies came on as a sponsor of *Beaufort-by-the-Sea* earlier this year, and the owner, Nancy Veitch has attended a number of our events. It is funny, I often talk about how I screen businesses that I allow to advertise in *Beaufort-by-the-Sea*, and the common bench mark is "Would I invite this business into my home?" With Nancy's Nannies, that is a very literal question!

My wife Amanda and I have a date night occasionally, and our normal babysitters are her parents, my aunt and uncle, or the teenage children of some of our friends. There have been a couple of times that it didn't work out for any of our regulars to watch our kids, and one time recently coincided with a concert at the Carteret Community Theater that we had hoped to see. We made the executive decision to call Nancy's Nannies, and we were delighted that we did.

Nancy's Nannies has been providing child care to the Crystal Coast for over 25 years. That being said, we were of course a

little nervous about inviting someone we didn't know personally to come baby sit our children. Nancy however was familiar with this sentiment, and when I called her to schedule the baby sitter, she answered all my questions. Nancy asked me a number of questions about my children, and she used that information to match the perfect baby sitter.

The woman she recommended was Jackie Kellum. Jackie grew up in Beaufort, and has an extensive resume. She has been a professional nanny for over 15 years, and has cared for children from infants to early teens. Jackie has worked with families in Carteret County, Raleigh, Apex, Clayton, New Jersey, Australia, Italy, Taiwan, and China. Often, as the families that she worked with moved, she would move with them.

Her need to care for a couple of family members brought her back to Carteret County, and she now works with Nancy. This level of experience is indicative of the quality of caregivers that Nancy provides. All of her nannies and babysitters are thoroughly screened, and in talking to Jackie, she informed me that three of her past families had been contacted for reference prior to her being allowed to work with Nancy's Nannies. That went a long way to give me peace of mind for having her watch my children.

The night of the Carteret Community Theater concert Jackie arrived right at our scheduled time. We had allowed about half an hour to give us time to introduce her to the kids and make sure that everyone was comfortable with each other. It turned out that we only really needed about five minutes. The kids immediately took to her, especially when she got down on the floor and started playing with them. You could tell she was extremely comfortable coming into a new setting and building rapport with both the children and the parents. We went over



the usual list of how to get ahold of each other, snack and bed-time routines, and emergency contacts. She was definitely in her element!

We left and headed over to the Carteret Community Theater, which was hosting a phenomenal Jimmy Buffett tribute band called Changes in Latitudes. You may not know this from looking at me but I am quite the Parrott Head! We have attended numerous functions at the CCT, and they certainly know how to host a show! Prior to going into our seats we grabbed some fresh made popcorn and drinks, and got to our seats a few minutes before show time.

The show was an absolute blast! We sang along with the tunes, got up and danced in the isle to Brown-Eyed Girl (you may not be able to tell it from the black and white photos, but yes, my beautiful Amanda is a brown-eyed girl!), and had a wonderful time. We saw a number of Beaufortians there, and a lot of friends.

At intermission we debated calling Jackie to check in. We were about to call when a text message on my cell phone from Jackie letting us know that everything was going great and that the kids had just fallen asleep. I love when babysitters proactively reach out to you to let you know that everything is fine! What a great peace of mind!

We enjoyed the rest of the concert, and had time afterwards to stay around to meet the band. As we were waiting to meet the band members, Nancy Veitch came up and tapped me on the shoulder. Nancy is very active in the Carteret Community Theater, and she happened to be there working that night. She said that she normally calls the next day to see how everything went, but since we both happened to be there, she just wanted to check and make sure everything was ok. We told her that we were delighted so far and we would keep her posted!

Amanda and I headed home after the concert, and when we came inside Jackie was sitting on the couch with our two cats, Sherlock and Watson curled up at her feet. We talked for a few minutes about how the kids had behaved, and if there were any problems. Luckily everything had gone very well! She said that the kids had behaved admirably, and that the only problem was that neither boy wanted her to stop singing to them before bed. We paid her the agreed upon amount and gave her a nice tip for all her hard work.

The next morning, Isaac woke up first, and I asked him what he thought of Jackie. Isaac replied "She was a blast! She played board games with us and read with us and she sang the coolest bedtime songs! I asked her if she could make a CD with her bedtime songs on it!" A few minutes later, I heard crying from upstairs. Gabe had just woken up, and as he came downstairs I could tell something was wrong. I met him at the bottom of the stairs with a hug and said "What is wrong buddy?" He wiped away his big crocodile tears and said "I wanted to say goodbye but I fell asleep! Where is Ms. Jackie?" I informed him that Ms. Jackie had had to go home when Mommy and Daddy got home from the concert. As he was drying up his tears he asked "Is she going to come back again?" That is about the best endorsement I can give for anyone!

All in all, we were absolutely delighted with the service that Nancy's Nannies provided. We have booked Ms. Jackie for a second appointment. Amanda teaches at East Carteret, and her pre-planning days put us in a little bit of a child care crunch with my schedule. Ms. Jackie is going to watch the kids for us a couple of the days before school starts back.

If you are ever in the need of experienced, professional child care at a very reasonable price, you can find no better option than Nancy's Nannies!



# Tax Benefits of HOME OWNERSHIP

In tax lingo, your principal residence is the place where you legally reside. It's typically the place where you spend most of your time, but several other factors are also relevant in determining your principal residence. Many of the tax benefits associated with home ownership apply mainly to your principal residence--different rules apply to second homes and investment properties. Here's what you need to know to make owning a home really pay off at tax time.



## DEDUCTING MORTGAGE INTEREST

One of the most important tax benefits that comes with owning a home is the fact that you may be able to deduct any mortgage interest that you pay. If you itemize deductions on Schedule A of your federal income tax return, you can generally deduct the interest that you pay on debt resulting from a loan used to buy, build, or improve your home, provided that the loan is secured by your home. In tax terms, this is referred to as "home acquisition debt." You're able to deduct home acquisition debt on a second home as well as your main home (note, however, that when it comes to second homes, special rules apply if you rent the home out for part of the year). The interest that you pay on a qualifying home equity loan or line of credit is generally deductible regardless of how you use the loan proceeds. For more information, see IRS Publication 936.

## MORTGAGE INSURANCE

You can generally treat amounts you paid during 2016 for qualified mortgage insurance as home mortgage interest, provided that the insurance was associated with home acquisition debt, and was being paid on an insurance contract issued after 2006. The deduction is phased out, though, if your adjusted gross income was more than \$100,000 (\$50,000 if married filing separately).

## DEDUCTING REAL ESTATE PROPERTY TAXES

If you itemize deductions on Schedule A, you can also generally deduct real estate taxes that you've paid on your property in the year that they're paid to the taxing authority. Only the legal property owner can deduct real estate taxes. You cannot deduct homeowner association assessments, since they are not imposed by a state or local government.

## AMT CONSIDERATIONS

If you're subject to the alternative minimum tax (AMT) in a given year, your ability to deduct mortgage interest and real estate taxes may be limited. That's because, under the AMT calculation, no deduction is allowed for state and local taxes, including real estate tax. And, under the AMT rules, only interest on mortgage and home equity debt used to buy, build, or improve your home is deductible. So, if you use a home equity loan to purchase a car, the interest on the loan may be deductible for regular income tax purposes, but not for AMT.

## DEDUCTING POINTS AND CLOSING COSTS

When you take out a loan to buy a home, or when you refinance an existing loan on your home, you'll probably be charged closing costs. These may include points, as well as attorney's fees, recording fees, title search fees, appraisal fees, and loan or document preparation and processing fees. You'll need to know whether you can deduct these fees (in part or in full) on your federal income tax return, or whether they're simply added to the cost basis of your home. For more information, see IRS Publication 530.

## TAX TREATMENT OF HOME IMPROVEMENTS AND REPAIRS

Home improvements and repairs are generally nondeductible. Improvements, though, can increase the tax basis of your home (which in turn can lower your tax bite when you sell your home). Improvements add value to your home, prolong its life, or adapt it to a new use. In contrast, a repair simply keeps your home in good operating condition.

## ENERGY TAX CREDIT

You might be entitled to a tax credit if you made certain energy-efficient improvements to your home in 2016. The credit is generally equal to 10% of the amount paid for qualified improvements

including roofs, windows, exterior doors, skylights, and insulation materials. There is a \$500 lifetime limit for the credit (and a \$200 lifetime cap on the credit for windows)--meaning you won't be able to claim the credit if you claimed the maximum credit in one or more prior tax years. See IRS Form 5695, Residential Energy Credits, for more information.

## EXCLUSION OF CAPITAL GAIN WHEN YOUR HOUSE IS SOLD

If you sell your principal residence at a loss, you generally can't deduct the loss on your tax return. If you sell your principal residence at a gain you may be able to exclude some or all of the gain from federal income tax. If you meet all requirements, you can exclude from federal income tax up to \$250,000 (\$500,000 if you're married and file a joint return) of any capital gain that results from the sale of your principal residence. To qualify for the exclusion, you must have owned and used the home as your principal residence for a total of two out of the five years before the sale.

This material has been provided for general informational purposes only and does not constitute either tax or legal advice. Although we go to great lengths to make sure our information is accurate and useful, we recommend you consult a tax preparer, professional tax advisor, or lawyer.

## IRS CIRCULAR 230 DISCLOSURE:

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neighbors  
night out!



# *It's 5:00 somewhere*

## ...AT QUEEN ANNE'S REVENGE!

There are many classic summertime songs. Mungo Jerry's "In the Summertime." Van Morrison's "Brown Eyed Girl." Basically anything from Jimmy Buffet. Well, we decided to do an event based on Alan Jackson's "It's 5:00 Somewhere" and it was a blast!

We gathered at 5:00 at Queen Anne's Revenge Restaurant and Bar on the waterfront and celebrated the end of the work day with a wine and beer tasting. QAR pulled out all the stops, featuring three wines and three beers for us to sample, and provided us with all sorts of phenomenal food!

We had debated doing the party inside vs. outside, and I am delighted that we opted for the former over the latter as it was a hot one out there! Luckily, Queen Anne's had cold beer and the air conditioner to keep us cool.

The food they provided was as big of a hit as the libations, and no one left with an empty stomach. Between their famous pizza, homemade pimento cheese spread, loaded nachos, and wonderful meat and cheese tray, we had something for every taste bud.

We had a great group of residents and sponsors come out. With this kind of intimate setting it gave us the perfect opportunity to chat and get to know each other. Our sponsor who attended included:

- JA Canady from Atlantic Wealth Management
- Lori Matta from Albemarle Bank, with her husband Chad
- John and Lisa Dunson from Dunson Pool and Spa

We gave away many door prizes at our event, including wine glasses donated by Lori Matta, and gift certificates to Finz, Cru, Beaufort Furniture Company, Nancy's Nannies, Queen Anne's Revenge, and more. As always our door prizes were a big hit!

After we had all wined and dined and talked to our hearts content we parted for the evening. Shortly thereafter all of the tables we had occupied were full of patrons of Queen Anne's Revenge.

Thank you to Queen Anne's Revenge for hosting us for the evening. They had phenomenal food and drink and knew how to through a great party for us!

We look forward to seeing you at our next event!



**DISCLAIMER:** The business reviewed in this section provided products and/or services free of charge in exchange for this review.



precious  
pets  
By Resident Writer  
Hillary Gould



# Georgetown Tickle Noodle

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*Everyone loves a labradoodle, and this Front Street resident is no exception! Georgetown Tickle Noodle lives with Emilie and Trey Foy, and their two boys Louis and Charles. They split their time between Goldsboro and Beaufort, and this is one six month old puppy who loves his time at the beach!*

The name is something that requires a little explanation. “Georgetown” came from a boat that was anchored on Taylor’s Creek, and “Tickle Noodle” came from Louis and Charles. Louis, in perfect 6 year old form, is quick to say “his username is Georgie!”

The Foy family found Georgie at Down Under Doodles in Raleigh, and he has quickly formed his own fun personality! He loves to chase Charles and Louis around, whether they are in their yard our out on the beach at Cape Lookout or Sand Dollar Island. This puppy is full of energy and loves to fetch tennis balls, and run and jump. What a perfect dog for two boys to grow up with! Georgie’s typical day around Beaufort consists of going for a ride on the family’s boat or kayak, swimming, taking walks around town, or just hanging out at the house and chewing on a pair of flip-flops (only Louis’ shoes have been spared so far!) Georgie is very friendly, although his family is trying to teach him how to be friendly with manners! Georgie generally listens pretty well, especially when Louis and Charles encourage him with his favorite bacon flavored treats. Georgie is learning to sit and lay down with the promise of a tasty reward.

If you happen to see the Foy family out and about in flip-flops with teeth marks on them, you’ll know why! You will probably see Georgie hanging out with them as well, waiting patiently for his next game of tag with his favorite boys!



Do you have a pet and would like to share his/her story? Then email [greg.moss@n2pub.com](mailto:greg.moss@n2pub.com) to have them featured in the next available issue! Dogs, cats, horses, fish and any other type of animals are welcome!

## 2016-2017 Carteret County Schools Calendar

August 2016							August		March 2017						
S	M	T	W	T	F	S	16 & 19	Teacher Workdays	S	M	T	W	T	F	S
	1	2	3	4	5	6	17 & 18	Mandatory Workdays				1	2	3	4
7	8	9	10	11	12	13	22 - 26	Teacher Workdays	5	6	7	8	9	10	11
14	15	16	17	18	19	20	29	First Day for students	12	13	14	15	16	17	18
21	22	23	24	25	26	27	September		19	20	21	22	23	24	25
28	•29	30	31				5	Holiday (Labor Day)	26	27	28	29	30	31	
							October								
September 2016							10	Mandatory Workday	April 2017						
S	M	T	W	T	F	S	11	End of 1st 6-week grading period	S	M	T	W	T	F	S
				1	2	3	18	6-week Report Card goes home							1
4	5	6	7	8	9	10	31	Early Release	2	3	4	5	6	7	8
11	12	13	14	15	16	17	November		9	10	11	12	13	14	15
18	19	20	21	22	23	24	1	End of 1st 9-week grading period	16	17	18	19	20	21	22
25	26	27	28	29	30		8	9-week Report Card goes home	23	24	25	26	27	28	29
							11	Veterans Day	30						
October 2016							23	Early Release / End of 2nd	May 2017						
S	M	T	W	T	F	S		6-week grading period	S	M	T	W	T	F	S
						1	24 & 25	Holiday (Thanksgiving)		1	2	3	4	5	6
2	3	4	5	6	7	8	December		7	8	9	10	11	12	13
9	10	11	12	13	14	15	2	6-week Report Card goes home	14	15	16	17	18	19	20
16	17	18	19	20	21	22	19-22	Annual Vacation Leave days	21	22	23	24	25	26	27
23	24	25	26	27	28	29	23-27	Holidays (Christmas)	28	29	30	31			
30	31						28-29	Annual Vacation Leave days	June 2017						
November 2016							30	Holiday (New Year's Day observed)	S	M	T	W	T	F	S
							January						1	2	3
S	M	T	W	T	F	S	16	Holiday (Martin Luther King, Jr.)					1	2	3
		1	2	3	4	5	20	Early Release/Last day of 1st Semester	4	5	6	7	8•	9*	10
6	7	8	9	10	11	12	23	Teacher Workday	11	12	13	14	15	16	17
13	14	15	16	17	18	19	30	6&9 week Report Card goes home	18	19	20	21	22	23	24
20	21	22	23	24	25	26	February		25	26	27	28	29	30	
27	28	29	30				20	Mandatory Workday							
December 2016							March		Legend:						
S	M	T	W	T	F	S	8	End of 4th 6-week grading period	School Days for Students (180)....						
							15	Early Release/ 6-week Report Cards	Holidays (12)...(incl. July 4).....						
				1	2	3	29	End of 3rd 9-week grading period	No school for staff/students						
4	5	6	7	8	9	10	April		Annual Vacation Leave (10).....						
11	12	13	14	15	16	17	5	3rd 9-week Report Card goes home	No school for staff/students						
18	19	20	21	22	23	24	14	Early Release	Workdays (9).....						
25	26	27	28	29	30	31	17	Holiday (Easter Monday)	No school for students						
							18 - 21	Annual Vacation Leave Days	Mandatory Workdays for CC/ES						
January 2017							26	End of 5th 6-week grading period	(5) No school for students.....						
S	M	T	W	T	F	S	May		Early Release.....						
1	2	3	4	5	6	7	3	5th 6-week Report Card goes home	School dismisses 3 hours early						
8	9	10	11	12	13	14	29	Holiday (Memorial Day)							
15	16	17	18	19	20	21	June		Carteret County Schools						
22	23	24	25	26	27	28	8	Last Day of School / Early Release	www.carteretcountyschools.org						
29	30	31					9	Mandatory Workday / High School	Report cards go home on the fifth school day						
								Graduation Day	after the end of the Report Period (6 weeks						
February 2017							12	Teacher Workday	and 9 weeks)						
S	M	T	W	T	F	S	Inclement Weather Make-Up Days may be made up in this order on: 10/10,12/19-20, 1/23, 2/20, 6/9, 4/18, 4/19, or on Saturdays.		Early Release: Students leave school						
			1	2	3	4			3 hours early.						
5	6	7	8	9	10	11			*High School Graduation date, subject to						
12	13	14	15	16	17	18			change if school year extended.						
19	20	21	22	23	24	25			Approved by BOE on 1/5/2016.						
26	27	28					T/A Furlough Days: 8/19, 10/10, 2/20, 4/21 and 6/12.		Revised by BOE on 2/2/2016.						





# on the WATER

I am going to preface this article by saying that I know that everyone has different feelings about the Pirates coming to Beaufort. Some people love them, some people hate them. It is probably similar to the sentiments the original pirates experienced when they came to Beaufort hundreds of years ago. One thing that we can't deny is that the Pirate Invasion brings a lot of revenue into town, and the local businesses rely on that revenue. I am not advocating welcoming the pirates with open arms (let's be honest, pirates don't bathe as often as they should!) but it is still a great thing for the town of Beaufort. If you didn't make it down to the festival, this will give a quick recap of the invasion!

## *The Pirates are coming!*

August 12th and 13th this year the annual Beaufort Pirate Invasion brought scores of swashbuckling scallywags to the shores of our spectacular town, and the town was overrun with pirates, privateers, and general buccaneers of every description. Many of the pirates were performers who attend pirate invasions throughout the US, but many of the costumed attendees were locals and folks who had come to Beaufort specifically for the invasion. Here is a look at a number of pirates you may have seen around town!





**Little Pirates are dressed up and ready for battle!**

As always the Pirate Invasion was a blast for kids who relished the opportunity to walk, talk, and act like a pirate. The streets of Beaufort saw puny pirates on parade, and whether they were walking, riding, or being carried. Here are some great pint-sized pirates we spotted around town.



**Pirates like to shop! Vendors Beware!**

Not only did our local stores get into the pirate swing, many vendors came to the festival to sell their wares. There was a great mix of local companies and folks that had come from far and wide. Some of the local companies you saw there included the Dank Burrito Food Truck, Kona Ice, and the Beaufort Shave Ice Truck. Also, a number of organizations took the opportunity to raise funds for their groups, including the Friends of Downeast Scouting, Beaufort Wine & Food, Carteret County Fisherman's Association, and local Rotary and Lions Clubs.



**A Beaufort Wedding, Pirate Style!**

Of all the things you probably would not expect to see at a pirate invasion, a true in fact wedding is probably pretty high on that list. Well, that is exactly what we experienced on Saturday the 13th, the wedding between Captain Spike and Mate Fettuccini of the Beaufort Pirates Revenge!

The Pirate's Revenge is the pirate ship that sails out of the Beaufort Docks, carrying young pirates out to battle with water cannons against the dread pirate Kegger! Well, you may not know this, but Captain Spike and his first mate Fettuccini were more than comrades in arms, they were also engaged. They tied the knot (literally and figuratively) at the Pirate Invasion, with the dread pirate Kegger acting as officiant. Many people don't realize that in addition to being as scurvy treasure stealing scallywag, Kegger is also a licensed justice of the peace!

The ceremony was everything you would hope a pirate wedding to be, including binding of the hands, a procession through swords, and sailing off in their pirate ship with a "Just Married" sign hanging off the stern!







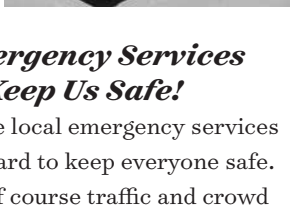
***The Maritime Museum has more Pirates than usual!***  
Beaufort's Maritime Museum often has a full complement of pirates, but they are generally in the exhibits, not looking at the exhibits. This weekend there were pirates on both sides of the glass! There were tons of things for pirates of all ages to enjoy, including a poster signing by artist Don Maitz. The official Beaufort Pirate Invasion poster will be available for purchase at Scuttlebutt while supplies last!



***Even the Pups got in on the action!***  
There were all sorts of pups around Beaufort during the Pirate invasion, and here are a couple we spotted dressed up in pirate regalia. These pups were having a blast!



***The Pirate Ships were arrrrrmazing!***  
One of the big draws each year is the pirate ships cruising around Taylors Creek, shooting cannons all over the place. This year featured three major boats. There was the rowers of Beaufort Oars who pulled their row boat up and down Taylors Creek, ferrying pirates to shore. There was the white 1915 Skipjack Ada Mae out of New Bern, tacking back and forth to do battle with our local pirate Sinbad on the Meka II. It may be local preference, but I like to think that Sinbad came out victorious!



***The Beaufort Emergency Services Worked Hard to Keep Us Safe!***

I was delighted to see the local emergency services out and about working hard to keep everyone safe. The big concerns were of course traffic and crowd control, while the medical services had to keep an eye out for people becoming overheated and dehydrated. It was a hot one this year!





***The Pirate Invasion Reenactment was a BLAST!***

The main show of the Pirate weekend was of course the actual invasion that took place in front of Town Hall. This was an amazing show put on featuring pirates coming ashore, capturing the town, the townspeople trying to fight them off, and the militia coming to the rescue! There was sword fighting, black power guns, cannon fire, and explosions! This drew a huge crowd, and was an incredible sight to see!





**Pirate Encampments all over town!**

The pirates set up camp all over town, with the main encampments being at the Beaufort Historic Site, Grayden Paul Park, and next to the Maritime Museum's Boat Building Workshop. Each encampment offered different activities and sights, and different collections of pirates. It was exciting wandering around and seeing each depiction of pirate life!



**Ain't no bones about it...the pirates had a great time!**

To wrap it up, here are a couple of pirates who either had too much rum in the sun, or not enough water!





home of the month

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Lynette Dudley  
Owner/Designer  
838-0201

*The Cawman family at 1522 Ann Street have taken a nice looking house and made it beautiful! Doug, Heidi, Garrett, Mary Kate, and McKenna Cawman moved to Beaufort just over a year ago, and in that time have transformed their house into a true work of art.*

The Cawmans are one of those front porch kind of families. Most days as you walk or drive down Ann St you can see one or all of them sitting out in the shade of the front porch, reading a book, working on a laptop, or just hanging out talking. When they purchased their home, the front yard and porch was ok, but it really needed some work.

Doug and Heidi decided that an update to the façade of the house was necessary. They got to work designing what they wanted it to be. Heidi did the conceptual design, and they decided to extend the deck, put brick paving blocks for a wider driveway, and fence in the yard with a white picket fence. She also had the idea of using stone between the fence and the road to give a nicer parking area for guests.

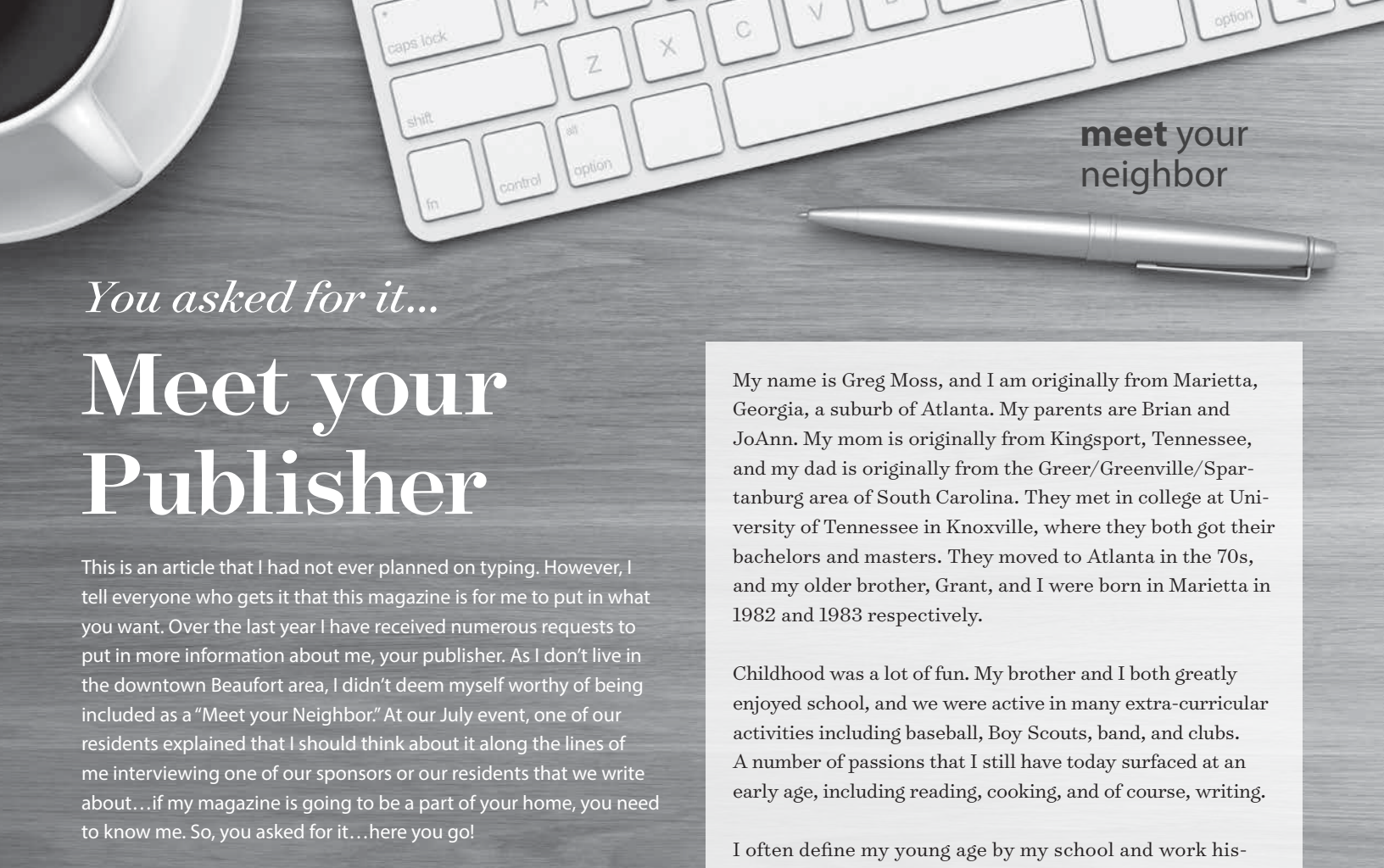
They hired Jim “Tennessee” Lowe to build the deck extension, and Coastal Fencing to put in the fence. Doug The beautiful wood work of the turtles and mermaids was done by local artisan Jan Peterson of Island Creek Design. The new woodcuts have been so popular with the neighbors that many of them have dubbed the house “The Mermaid House.” You never know...that moniker may stick!

The Cawmans decided to go with crushed rock and glass for their path, and instead of traditional gates they found cathedral window style gates at an antique store in Cape Carteret. They decorated the yard with herbs, bushes, and a couple of figurines to keep watch over them...luckily their new metal goat won’t much on the shrubbery like a real goat would!

The Cawman Family love their new deck and living space, and the next time you drive down Ann St, you are likely to see them out there enjoying it!







*You asked for it...*

# Meet your Publisher

This is an article that I had not ever planned on typing. However, I tell everyone who gets it that this magazine is for me to put in what you want. Over the last year I have received numerous requests to put in more information about me, your publisher. As I don't live in the downtown Beaufort area, I didn't deem myself worthy of being included as a "Meet your Neighbor." At our July event, one of our residents explained that I should think about it along the lines of me interviewing one of our sponsors or our residents that we write about...if my magazine is going to be a part of your home, you need to know me. So, you asked for it...here you go!

meet your neighbor

My name is Greg Moss, and I am originally from Marietta, Georgia, a suburb of Atlanta. My parents are Brian and JoAnn. My mom is originally from Kingsport, Tennessee, and my dad is originally from the Greer/Greenville/Spartanburg area of South Carolina. They met in college at University of Tennessee in Knoxville, where they both got their bachelors and masters. They moved to Atlanta in the 70s, and my older brother, Grant, and I were born in Marietta in 1982 and 1983 respectively.

Childhood was a lot of fun. My brother and I both greatly enjoyed school, and we were active in many extra-curricular activities including baseball, Boy Scouts, band, and clubs. A number of passions that I still have today surfaced at an early age, including reading, cooking, and of course, writing.

I often define my young age by my school and work history. I was not a straight-A student, but I greatly enjoyed learning. I started taking languages at a young age and that continued on through college. I took every writing class I could get my hands on, and wrote for our school newspaper in both middle and high school. I graduated from High School and attended Kennesaw State University. My original major was English but I switched to History after I learned that as an English Major they told you what to read and write about, but as a History Major, as long as you are working in the correct time period and context, you can choose what to read and write about. I took about five and a half years to complete my four year degree, but that is explained in my work history.

I got my first "real" job at 13 years old laying sod at a new golf course that was being built right down the street from my school. My brother and I would go there each day after school, and all day during our summer break, to lay the sod for the new course. The labor was quite literally back-breaking, and it was that summer that I decided I would have a career working with my brain instead of my back. I did however use that experience to gain a job at a local country club, where I was hired as a cart boy.

I worked at Marietta Country Club on and off for more than five years. When I turned seventeen, I got a second job waiting tables on the nights I was not working at the country club. Though my parents worked hard, they taught us at a young age to be financially self-sufficient. Also, in

my reading, I had learned the difference between being financially stable and financially unstable (see George Orwell's Down and Out in Paris and London, one of a number of books I make myself read every year to remind me of my lessons learned in my youth). I enjoyed having multiple jobs, and that carries through even to today.

In my freshman year of college I decided to participate in an internship offered by Walt Disney World in Orlando, Florida. I worked at Walt Disney World from January to August of 2002, and it was my first experience in living on my own. With the exception of flying home for my 19th birthday, I spent the entire eight months in Florida. It was a fantastic experience, and it not only taught me the "Disney" approach to customer service, it also taught me wonderful lessons

I am going to step away from the work part to discuss my involvement with Beaufort as those will coincide momentarily. My first trip to Beaufort was in 1988 when I came to be a ring bearer at my Aunt Rose's wedding. My mother's first cousin, Rose Creger, was marrying Phillip Tankard. Their wedding was at Ann Street Methodist Church, and I fell in love with Beaufort on that first trip. We came often during my childhood, and I have fond memories of boating on Taylors Creek, fishing at the piers, playing golf, and going to the Beach. We came most summers, and the trips seemed to be more frequent as we got older. In high school, I began coming on my own, and for many years I would come and spend a week during the summer with Rose and Phillip, and my cousin Stephen, who still live in Deerfield.

*We love our life here; it has been everything we could have hoped for and more. Beaufort seemed to be calling me my whole life, and I am delighted that we chose to answer that call.*

about living on my own. I made wonderful friends, learned a lot, and had an amazing time at the happiest place on Earth (with the exception of Beaufort!) When I came back from Disney I returned to the golf course and waiting tables, however my life would soon take a different career direction in regards to me beginning my career in Banking.

Shortly after my 20th birthday, I was encouraged by a family friend to apply for a teller position at Bank of America. With my education and work background I was quickly hired, and while my role as a teller didn't last long, I remember it with fondness as my entry into the professional world. I rose within the bank hierarchy rapidly, and within a year I had progressed to the role of a personal banker and loan officer.

My education and career progressed, and my college graduation in 2007 was surrounded by a number of other noteworthy events, including my marriage to Amanda in 2008, as well as the birth of our first son, the purchase of our first home, and a promotion to a management position in banking. I continued to progress in my bank career until I was managing one of the larger branches in Atlanta.

My Beaufort trip the summer after my Disney Internship was the one summer that would change my life. I almost was not able to have my annual visit due to my new banking career, however between the stars aligning and some serious begging on my part, I was able to take time off both at the Bank and the Country Club. The very long story short was that that was the summer I met Amanda Lupton while she was scooping ice cream at the General Store on Front Street. I will tell that entire story another time, but let's just say it was something out of a Nicholas Sparks book.

Amanda and I dated the entire time she was in school at East Carolina University. We got engaged after a couple of years and then she graduated in May of 2007 and I graduated in December. We had our first son, Isaac, in February of 2008 and got married and moved her down to Atlanta in March of 2008. We closed on our first house in May of that year, buying next to my maternal grandfather for whom we helped to care for the last few years of his life. After he passed, and we had our second son, Gabriel, in April of 2011, we felt Beaufort calling us back. Every time we visited we would look at houses and dream of moving to Beaufort.

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... We finally made the decision in 2012 to move back up to Beaufort. Amanda was offered a teaching position at East Carteret and I was offered a Mortgage Lender position with BB&T. We put our house in Marietta on the market and luckily it sold pretty quickly. Amanda's parents, Glenn and Patti Lupton opened their doors to us and we stayed with them for a few months until we found our home. It is funny, we almost purchased a home on the east end of Ann Street, but someone was able to offer more money than we could at the time. We found our perfect home in North River Country Club, and have lived here ever since. I moved from BB&T to First Citizens Bank, allowing me the opportunity to work on Front Street in Beaufort. I loved the opportunity to work in downtown Beaufort, even though my work with First Citizens had me covering branches all over the Crystal Coast, as far south as Jacksonville.

In 2014 I published my first children's book, *The Shark and His Pet Boy*, and in 2015 I published my second book, *The Monster Parade*. That reignited my passion for writing, and not long after my

second book was published, I was offered the opportunity to start a magazine for downtown Beaufort. N2 Publishing out of Wilmington noticed some of the work I was doing with my books and with my banking and they thought that I was the perfect fit to do what I now do. I made the tough decision to leave a long and stable career, and I am delighted that that tough decision has paid off.

When I announced that I was leaving the mortgage world to start the magazine, John Duncan of Beaufort Realty and I had a conversation about where I would be working on my magazine. As a resident and business owner, he saw the benefits of the partnership. He offered me a job working as a real estate agent with Beaufort Realty and the opportunity to run *Beaufort-by-the-Sea* out of the Beaufort Realty office. So now I have two jobs that I absolutely love, producing this magazine and working in real estate! I guess with the children's books, you could call it two and a half jobs.

My family and I love the decision we made to move to Beaufort. I had had a lot of apprehension, leaving somewhere that I had lived for 29 years, and I was nervous about moving from a large city to a small town. Now, having lived here four years, I can say that without a doubt it has been the second best decision of my life (the best of course was marrying Amanda!) We love our life here; it has been everything we could have hoped for and more. Beaufort seemed to be calling me my whole life, and I am delighted that we chose to answer that call.

Isaac is starting third grade this year and Gabe is starting Kindergarten. Amanda is starting her fifth year teaching at East Carteret, and we love our life we have created here. I have the highest level of personal and work satisfaction that I have ever had, and I look forward to our next 50+ years of living in Beaufort.

In my non-working hours, I spend as much time with my wife and children as I possibly can. Whether it is going to the beach, spending time around Beaufort, or just hanging out at home, they are my number one choice for my time. I also am involved with the Beaufort Olde Towne Rotary, we enjoy going to the theater, and I am still a voracious reader. I am working on a couple of other writing projects (new books to come out next year!), and I enjoy participating in many things this community has to offer!

I hope you enjoyed this insight into the publisher of *Beaufort-by-the-Sea*. Thank you for allowing me the opportunity to provide you this magazine, and I look forward to getting to know you all!



# PIRATE PANCAKES

*from the Lion and Leo Club!*

We have looked at many aspects of the Beaufort Pirate Invasion, but one we can't overlook is the fundraiser put on by the Beaufort Lions Club and the East Carteret Leo Club. They supplied the pirates with some amazing pancakes and bacon to fuel their day!

Many times throughout the year Ribeyes on Front Street opens its doors and kitchens to the Beaufort Lions Club and the Leo Club to hold a pancake breakfast to raise money for their activities. As many folks know, the Lions and Leo Club is a service organization that works to meet the needs of communities both locally and around the world. Lions Club international has more than a million members in over 200 countries.

The Lions and Leo clubs have many areas of focus in their activities, but they are perhaps best known for their work with the visually impaired. Locally, they make an impact not only in sight related programs but also in programs that relate to the hearing impaired, diabetes awareness, and local service. They offer free and reduced cost eye screenings and glasses programs to low income residents, hearing screening and assistance, and many other services. They also provide a mobile eye care clinic that offers eye tests and screening.

Throughout the year they have many activities to raise funds for their local service programs. One of them is their pancake breakfasts at Ribeyes, and another one is right around the corner! Saturday, November 5th they are hosting their second annual Glow Run, which takes place in the evening and is an absolute blast!

Everyone who attended the Pirate Pancake breakfast left with a full tummy and a big smile on their face. We look forward to more pancakes this December with Santa!



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# John Duncan *Junior and Senior* **GO FISHING!**



Living in a waterfront area such as Beaufort, we often hear fishing tales. The one we caught, the one that got away, and everything in between. This fishing tale comes from John Duncan Jr. and John Duncan Sr., and it is not about fishing in local waters!

A good friend of the senior John Duncan, Ed Minchin, recently won an all-expense paid fishing trip to Lake Gogebic, Michigan. John Senior and Ed have known each other for decades, and Ed's son, Ed Junior (who goes by Eddie) is the same age and grew up with John's son, John Junior. Ed Senior, and John Senior coached on many teams together, and Eddie and John Junior both graduated from East Carteret together. When Ed Senior won the trip, he asked John Senior and Junior to travel with him and Eddie to go fishing!

They flew out of Raleigh to Minnesota, and then drove to Lake Gogebic, which sits between Lake Superior and Lake Michigan. The setting was absolutely beautiful, and the cabin that they stayed in had a beautiful view overlooking the lake.

A boat came with the package, and they had a great time out on the water fishing for small mouth bass, walleye, and pike. As is often the case, the fishing played second fiddle to the opportunity to hang out, have a good time, and not worry about setting a clock in the morning or answering the phone.

In that area of the country, the true fishing season is during the winter, so the lake was not crowded. They heard stories of ice fishing in the winter and were glad that they opted for the summer trip...Ice fishing was a far stretch of the imagination for these North Carolina boys! They all agreed that Walleye made a pretty darn good fish sandwich, especially once you through a little coleslaw on it!

This was their last big hurrah for the summer, as John Junior starts his sophomore year at App State and Eddie starts his sophomore year at NC State. The dads both enjoyed their time with their sons, and were happy to be able to spend some time with friends.



# Jack Gardner Junior

## and his

# CARVED DECOYS



***I never dreamed decoy carving was in so much demand, or that there were so many enthusiasts! But as I arrived at the 28th Annual Core Sound Decoy Festival this past December at Harkers Island I was amazed in so many ways.***

First there was no parking, which was my first surprise as why so many people were attending. Secondly, as I entered into the elementary school and walked around, every room was filled with decoy artists with so many beautiful decoys on display in so many natural settings as well. These decoys, land bird and beach birds stood in driftwood, on stands or by themselves. Thirdly, as a pottery carver I was very impressed with the intricate details of the detailed carvings within these well sculpted pieces of art. And I was over the top impressed with the detailed painting within each bird. Small upon smaller strokes of fine lines, dashes and dots defined each bird's feather and exact details needed for each type of bird.

Jack Gardner Junior is one of those amazing wood carving decoy artists.

I just met Jack last week, even though he is a Beaufort resident. He invited me to his studio and inside his home where I was blown away with his talent not only in decoys, but the beautiful furniture he also makes. This man is multi-talented and I'm talking showcase furniture talented!

As I stood in his home and looked around he showed me all the furniture he made, the house was filled with his work...the kitchen table and hutch, desk, tables...you name it - Jack made it along with the gorgeous built-in book shelves that housed many of his carvings.

Jack was born into a family that made beautiful furniture and cabinets and he had a next door neighbor that carved decoys... and that's where the love began. He was taught early to hunt and fish, and if he wasn't doing either of those in his spare time he was in the shop playing with wood. He explained, "Back in the day people made or fixed everything they needed. You need a decoy to hunt with - you made it."

As we strolled back to his studio he said, "I prefer to use Tupelo or Juniper as these woods are softer and not to grainy," he says as he picks up the



head of a duck and continues to carve the head of his new creation. "I also like to use cork for the bottoms because the ducks float better and more upright than those made from all wood."

"Why is that?" I wondered.

"Because wood doesn't have the same density all the way through so one side maybe heavier than the other, so it tips more to one side." Sounds about right I thought. "Plus they are faster to make, the body is all wood" Jack continued.

He showed me how some ducks are puzzled together - the head and the beak comes off. He also showed me the steps that are involved in starting the carving process. First you need a block of wood the size of the duck you want to make. Then you sketch the side and top view on the block of wood and band saw it out, cutting away everything that doesn't look like a duck. This is also where you would add the 3-D look to it as well. Round it out, sand, prime and paint it and your decoy is complete. Easy right?

Jack prefers to create 'working decoys' instead of the more carved detailed birds because they take

so much time, plus those are really for show. His favorites are local birds like the Red Heads and Scaup (Black Heads). Speaking of shows, Jack only started being competitive when he retired. He prefers just to make them without the competition but has won the 2006 Core Sound Decoy Festival. Among his other wins are the Chesapeake Challenge in Salisbury Maryland, Virginia Beach Wildfowl Show, 2008 and 2012 Rig of Six and the Loon Day of 2011 as well as other honors.

Recently Jack carved a few Mahi to switch it up a bit and now is working on making a boat. For what you might ask. Well of course for duck hunting! He is really enjoying the new skills he is learning for this project such as angles, and curving of the wood but he still has a tight hold on his carving knife for those well-loved ducks!

If you have never gone, I would encourage you to go to the next Decoy Festival. Even if this does not interest you, the art will amaze you and it will be well worth your time. Who knows, you might decide to put a block of juniper and a carving knife on your Christmas list!



# THE RISK OF SITTING



By N2 Staff Writer, **Elizabeth McCabe**

## A Sedentary Lifestyle Can Be Dangerous

Unfortunately, sitting has become a popular pastime in recent years. Let's face the facts, walking and bicycling are not used for transportation as much as they were in decades past. With the rise of instant communication (such as social media platforms, texting and email), face-to-face encounters are becoming less frequent. After all, why get up from your office chair if you don't have to? This translates into more time on your rear end. Factor in screen time (television, videogames and hand-held devices), and it's easy to see why sitting is becoming today's go-to choice.

According to the World Health Organization's 29, 515-day estimate, 29.7% of the time over a person's lifetime is spent sitting while only 0.69% of the time is spent exercising. That's less than 1% of time spent in motion! The perils of passivity are problematic. Increased risks for high blood pressure and even risks for certain forms of cancer are just a couple of the more severe medical conditions that can result from prolonged sitting. The World Health Organization has actually labeled physical inactivity as the fourth-leading risk factor for death globally. In addition, the risk of developing Type 2 diabetes increased by 90% for those who sat for a minimum of eight hours a day. Not to mention that sitting may give you the blues; people who sit more are more likely to be depressed. If those reasons aren't enough to get up and move, consider that cubicle dwellers and couch lovers might suffer from tight hips, soft abs and even an inflexible spine.

Americans spend a staggering nine hours a day sitting. For those glued to the tube, consider that in an eight-and-a-half-year study, people who watched the most TV had a 61% risk of dying (in comparison with those who tuned in for an hour each day).

Fortunately, it's never too late to change. Even sitting on a stability ball will activate your core muscles. Or consider purchasing a treadmill desk. Walk while you work to burn calories, boost endorphins, improve circulation, and avoid the pitfalls of sitting. If that isn't an option, get up every 30 minutes to stretch your legs. Take a trip to the water cooler, fetch a document from the printer, or just connect for some real face time with co-workers. Consider even having work meetings while walking if that's a possibility.

Simple changes today can result in better health tomorrow. Maintain an active lifestyle as much as possible. In an age of increased sedentary activity, why sit when you can stand? Or better yet, walk or even jog? The point is to just get moving. Improve your health by putting your body in motion!

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# AUTUMN

## home efficiency



PROJECTS TO MAKE YOUR LIFE SIMPLER

**With autumn's arrival, many of us are getting back into the routine of work and school after a summer full of vacation and relaxation. Organize and simplify your home by tackling these quick and easy weekend projects to make the transition back into work and school life a little more efficient.**

By N2 Staff Writer, **Megan Weatherly Lynn**

### Upgrade your lighting

Update your exterior with motion-sensor lights to make life easier when Daylight Savings Time begins. These lights, triggered by movement, can be installed around entrances and pathways to make sure you can find your way safely in the dark without stumbling to find the light switch.

### Clean your appliances

Maintain your household appliances by giving them a good cleaning. Clean your oven, dishwasher, washer and dryer as thoroughly as possible. Replace any pipes, hoses or connections that are worn or dated. This will help prevent your machine from breaking down and causing worse problems like flooding or fires, as well as keep you and your family healthier. Many appliances have self-cleaning settings to make this process easier.

### Clean your vents

Clean out any vents and air returns in your home, and replace filters. This will keep the air in your home fresh and clean, keeping dust and allergens at bay. To be as thorough as possible, hire a professional to deep clean your air ducts.

### Organize and declutter

Keep your home organized by cleaning out garages and closets. Donate or sell whatever items you no longer use, and free up storage space you can use in the future. Having less to sort through on a busy day will help get you out of the door a little faster.

### Upgrade your fireplace

Turn your fireplace into a conversation piece by updating your hearth and surround with new tile or stone. Whether wood-burning, gas or electric, your fireplace can be used to create a cozy ambiance, evoking a sense of tranquility amongst the busyness of the back-to-school season – and helps you save a little on your energy bill by taking the chill out of a room. If you live in a warmer climate, consider building an outdoor fire pit that can be used year-round.

Try these projects to make life a little simpler so that you can maximize family time and enjoy the season as the busiest time of the year starts to rev up.

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214 Orange St	Beaufort	\$499,000				3	3	2,000	For Sale
309 Broad St	Beaufort	\$485,000				3	2	1,729	For Sale
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